

HS-2861: HUMAN SERVICES PRINCIPLES AND PRACTICES II

Cuyahoga Community College

Viewing: HS-2861 : Human Services Principles and Practices II

Board of Trustees:

June 2026

Academic Term:

Fall 2026

Subject Code

HS - Human Services

Course Number:

2861

Title:

Human Services Principles and Practices II

Catalog Description:

Continuation of practical experience. Focus on client within the existing service delivery system, and demonstration of approved therapeutic approaches, including Motivational Interviewing, Cognitive Therapy and Solution Focused therapy. Recognize signs of challenging clients and awareness of self in the therapeutic relationship. Understand and demonstrate the usage of billable terminology in client notes. Discuss family relationship aspects and effects on client treatment.

Credit Hour(s):

2

Lecture Hour(s):

1

Lab Hour(s):

0

Other Hour(s):

180

Other Hour Details:

Field Experience: 180 hours per semester at field experience site; Seminar: 1 hour per week

Requisites

Prerequisite and Corequisite

HS-2850 Human Services Principles and Practices I.

Outcomes

Course Outcome(s):

Conduct oneself in a professional /ethical manner.

Objective(s):

1. Maintain a CCC approved practicum site that meets the standards of the Human Services program.
 2. Discuss practicum experience.
 3. Demonstrate Human Service skills appropriate to the requirements of the practicum site and the standards of the program.
 4. Develop self-awareness in the therapeutic relationship with clients.
 5. Evaluate practicum performance with practicum supervisor and instructor.
 6. Fulfill professional and ethical responsibilities of a human service worker.
 7. Demonstrate ethical behavior and appropriate boundaries in all aspects relating to the practicum.
 8. Demonstrate sensitivity to specialized populations in interactions and in written communication.
-

Course Outcome(s):

Perform interventions with difficult to treat populations and their families.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Identify family relationship aspects among difficult to treat populations and develop effective intervention techniques.
2. Recognize legal and ethical implications while working with individuals affected by personality disorders.
3. Perform self-assessment on navigating challenging clients and ethical situations.
4. Discuss interventions with clients using deeper level motivational interviewing, solution focused, and cognitive theory approaches.
5. Maintain a caseload and provide individualized services, with a minimum of two clients.
6. Navigate and apply the Diagnostic Statistical Manual-5 criteria to all written documentation.
7. Utilize Motivational Therapy and Cognitive Therapy counseling techniques.

Course Outcome(s):

Perform documentation of therapeutic procedures that comply with Human Service standards and billing requirements.

Essential Learning Outcome Mapping:

Written Communication: Demonstrate effective written communication for an intended audience that follows genre/disciplinary conventions that reflect clarity, organization, and editing skills.

Objective(s):

1. Document practicum experience using approved methods and meeting program standards.
2. Develop progress notes that include the required critical components.
3. Document client problems and appropriate interventions utilized.
4. Record interventions used with clients at practicum/clinical site.
5. Write client notes that meet billable service requirements.
6. Complete all required documentation for assigned clients in a timely manner.
7. Follow HIPAA and confidentiality guidelines for recording client information.
8. Use appropriate and professional language according to the DSM-5 in all documentation.
9. Explain legal requirements for documenting in client files and client access to files.

Methods of Evaluation:

1. Written papers about practicum experience
2. Case and progress notes
3. Group discussion
4. Family assignment
5. Evaluation by practicum supervisor
6. Evaluation of student by course instructor
7. Achievement of learning contract

Course Content Outline:

1. Reviewing practicum experience
 - a. Developing learning contract
 - b. Documentation / billable terminology
 - c. Practicum issues group discussion
2. Motivational Interviewing / Cognitive Therapy /Solution Focused therapy
 - a. Appropriate intervention skills for client diagnosis
 - b. Application of therapeutic approaches to clients with mental illness
 - i. Severe mental illness
 - ii. Personality disorders

- iii. High-conflict individuals
- iv. Emotional dis-regulation
- 3. Challenging clients (D.S.M. 5)
 - a. Identification of DSM categories
 - b. High-conflict individuals
 - c. Personality disorders
 - d. Clients with emotional dis-regulation
 - e. Individuals with psychotic symptoms
- 4. Family issues /impact on treatment
 - a. Co-dependency
 - b. Exiting\Re-entering the family system
 - c. Domestic violence
 - d. Family environment
 - e. Community
- 5. Self-awareness and the therapeutic relationship
 - a. Insight on self and impact on others
 - b. Transference and counter-transference
 - c. Characteristics of counselors
 - d. Inventory of attitudes and beliefs in the helping profession
- 6. Practicum visit and evaluation
 - a. Readiness for the field
 - b. Additional skills development
 - c. Mid-term and final site evaluation
 - d. Mid-term and final instructor evaluation
- 7. Bringing closure to practicum experience
 - a. Toolbox for the field
 - b. Plans for the future

Religious Accommodation

Before reviewing the course schedule, students should carefully review the following religious accommodation policy and other required instructional policies:

Religious Accommodation:

Students seeking an accommodation for absences permitted under Ohio's Testing Your Faith Act must provide the instructor with written notice of the specific dates for which the student requires an accommodation and must do so not later than fourteen (14) days after the first day of instruction. Please submit requests for accommodations at this link: <https://portal2.tri-c.edu/ReligiousAccommodation/> Religious Accommodation Form. Students with questions about their religious accommodations under Ohio's Testing Your Faith Act may contact the College's Office of General Counsel and Legal Services by phone at 216.987.4856 or via email at legal@tri-c.edu.

Other Required Instructional Policies:

<https://www.tri-c.edu/student-resources/curriculum/documents/syllabus-part-b.pdf>

Weekly Schedule

	Topics
Week 1	Introductions Syllabus Practicum Documentation SWA & LCDCII Cert/Licensure Requirements Introduction to Motivational Interviewing (MI)
Week 2	Four Tasks in MI Ambivalence Change Talk Documentation Billable Service SOAP Notes/Documentation Discuss Internship Ethical Dilemmas

Week 3	Genuineness Permission Self-Disclosure Cultural Differences Discuss Internship Ethical Dilemmas
Week 4	Engaging the Client Alliance OARS (open-ended questions, affirmations, reflection, summarize) Terminating your internship/practicum Discuss Internship Ethical Dilemmas
Week 5	Focusing Shared Goals Personality SOAP Note Documentation Discuss Internship Ethical Dilemmas
Week 6	Treatment Planning Evoking Empowerment Discuss Internship Ethical Dilemmas
Week 7	Brief Action Planning Readiness Evoking Hope Discuss Internship Ethical Dilemmas
Week 8	Analogy Overstating Understating Discuss Internship Ethical Dilemmas
Week 9	Neutrality Agenda Mapping Discuss Internship Ethical Dilemmas
Week 10	Evocation Ambivalence SOAP Note Documentation Discuss Internship Ethical Dilemmas
Week 11	Ask Offer Ask Autonomy Discuss Internship Ethical Dilemmas
Week 12	Persistence Revisiting Discuss Internship Ethical Dilemmas
Week 13	Reframing Feedback Self-Regulation Discuss Internship Ethical Dilemmas
Week 14	Apology Attention Coming Alongside Discuss Internship Ethical Dilemmas

Week 15 Beginner's Mind
Collaboration
SOAP Note Documentation
Discuss Internship
Ethical Dilemmas

Week 16 Exam Week

The Course Schedule is subject to change due to pedagogical needs, instructor discretion, parts of term, and unexpected events.

Required/Recommended Readings

Readings may be selected from the following supplemental resources:

1. Miller, William and Stephen Rollnick. *Motivational Interviewing: Helping People Change*.
2. American Psychological Association. *Diagnostic and Statistical Manual of Mental Disorders*.

Resources for the Instructor

Brill, Naomi I. *Working with People: The Helping Process*. 10th ed. White Plains, NY: Longman, 2017.

Miller, William and Stephen Rollnick. *Motivational Interviewing: Helping People Change*. 4th Ed. The Guilford Press, 2023.

American Psychological Association. *Diagnostic and Statistical Manual of Mental Disorders, 5th edition: DSM-5*. 5th ed. V. Asia; CBS Publishers & Distributors Ltd. , 2025.

Additional Resources for the Instructor

www.apa.org

Top of page

Key: 5524